

Resource Directory for Older Oklahomans

Introduction

This handbook has been assembled and published by the NODA Area Agency on Aging to provide information on services to the elderly in the NODA eight county area of Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major and Noble counties. NODA Area Agency on Aging receives funds from the Aging Services Division, Department of Human Services and the Northern Oklahoma Development Authority.

NODA Area Agency on Aging publication of this document is authorized by the Older Americans Act of 1965 and funded by Aging Services Division, Older Americans Act and NODA.

NODA Area Agency on Aging makes no distinctions on the grounds of race, color, national origin or disability in providing service to individuals as stipulated in the Civil Rights Act of 1964.

If you know of an agency or service which should have been included but was not, please let us know by calling NODA Area Agency on Aging at (580) 237-2236 or 1-800-749-1149, so we can include it in our next revision.

Every reasonable effort has been made to produce as accurate directory as possible, however, in case of error or omission please let us know and we will correct it in the next printing.

Inclusion of an agency in this book does not constitute endorsement by the NODA Area Agency on Aging.

If you would like more information, contact your Area Agency on Aging at (580) 237-2236 or call the Senior InfoLine at 1-800-211-2116.

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TABLE OF CONTENTS

Abuse.....	2
Adult Day Care.....	2
Advocacy.....	3
Aging Services	5
Community Clinics	7
Consumer Help.....	8
Counseling/Support Groups	10
County Health Departments	19
Death Benefits	20
Dental Services.....	20
Disabilities.....	22
Education.....	24
Employment	26
Financial and Emergency Assistance.....	27
Home Care.....	34
Hospice.....	38
Housing	39
Information and Assistance	49
Insurance Assistance	49
Legal Services	51
Long Term Care Information.....	52
Assisted Living.....	53
Nursing Home Information	54
Residential Care Facilities.....	57
Specialized Facilities for Mentally Retarded	58
Medical Equipment	59
Mental Health.....	59
Mobile Meal Programs.....	60
Native American Information	61
Nutrition Programs	62
Prescription Assistance	64
Senior Citizens Centers	65

Table of Contents (continued)

Social Security Administration/Medicare	69
Transportation	70
Veterans' Services.....	71
Vision Services.....	72
Volunteer Services	72
Zip Codes	73
Index.....	76

ZIP CODES

<u>County</u>	<u>Town</u>	<u>Zip</u>
A	Aline	73716
A	Amorita	73719
M	Ames	73718
N	Billings	74630
GF	Bison	73720
KY	Blackwell	74631
GF	Breckenridge	73721
KY	Braman	74632
A	Burlington	73722
A	Byron	73723
B	Canton	73724
A	Carmen	73726
GF	Carrier	73727
KF	Cashion	73016
A	Cherokee	73728
M	Chester	73838
M	Cleo Springs	73729
GF	Covington	73730
GT	Deer Creek	74636
GF	Douglas	73733
KF	Dover	73734
GF	Drummond	73735
GF	Enid	73701
GF	Enid	73702
GF	Enid	73703
GF	Fairmont	73736
M	Fairview	73737

Zip Codes(continued)

<u>County</u>	<u>Town</u>	<u>Zip</u>
GF	Garber	73738
B	Geary	73040
A	Goltry	73739
B	Greenfield	73043
A	Helena	73741
KF	Hennessey	73742
GF	Hillsdale	73743
B	Hitchcock	73744
GF	Hunter	74640
M	Isabella	73747
GT	Jefferson	73748
A	Jet	73749
KY	Kaw	74641
KF	Kingfisher	73750
GF	Kremlin	73753
GF	Lahoma	73754
GT	Lamont	74643
B	Longdale	73755
KF	Loyal	73756
N	Lucien	73757
GT	Manchester	73758
N	Marland	74644
GF	Marshall	73056
GT	Medford	73759
M	Meno	73760
N	Morrison	73061
KY	Nardin	74646
GT	Nash	73761

Zip Codes(continued)

<u>County</u>	<u>Town</u>	<u>Zip</u>
KY	Newkirk	74647
KF	Okarche	73762
B	Okeene	73763
KF	Omega	73764
M	Orienta (P. Fairview)	73737
N	Perry	73077
KY	Ponca City	74601
		74602
		74604
GT	Pond Creek	73766
N	Red Rock	74651
GT	Renfrow	73767
M	Ringwood	73768
B	Southard	73770
KY	Tonkawa	74653
GT	Wakita	73771
B	Watonga	73772
GF	Waukomis	73773

County abbreviations are as follows:

A = Alfalfa	KY = Kay
B = Blaine	KF = Kingfisher
GF = Garfield	M = Major
GT = Grant	N = Noble

Abuse

Adult Abuse Hotline 800-522-3511
(To report alleged abuse or neglect of the elderly, incapacitated adults or children.)

County Adult Protective Services

Alfalfa	580-596-3335	Toll Free	866-294-3936
Blaine	580-623-5282	Toll Free	800-808-8961
Garfield	580-548-2100	Toll Free	800-433-7074
Grant County	580-395-3312	Toll Free	800-433-6909
Kay County	580-765-2656	Toll Free	800-493-7982
Kay Co. (Newkirk) ..	580-362-2548	Toll Free	800-597-1872
Kingfisher County ...	405-375-3867	Toll Free	800-493-7976
Major County	580-227-3759	Toll Free	800-815-7571
Noble County	580-336-5581	Toll Free	800-815-7569

Ombudsman Supervisor 800-749-1149
..... 580-237-2236
(Receives complaints from residents of long-term facilities, friends or relatives and attempts to resolve those complaints.)

YWCA Option House/Crisis Center-Enid..... 580-234-7644
..... 800-966-7644

Domestic Abuse-Ponca City 580-76ABUSE
..... 580-762-2873
(24 hour emergency shelter for women/children. Serves Kay and Noble counties)

Adult Day Care

Golden Villa Center 580-762-0264
1722 N. 4th, Suite B, Ponca City, OK 74601
Deanna Robinson, Director, E-mail sbcglobal.net

Adult Day Care(continued)

Greenbrier Adult Day Services.....580-234-5827
1121 E. Garriott, Suite 43, Enid, OK 73701
Susan Severin, Director, E-mail gbnh@swbell.net

Advocacy

AARP (American Association of Retired Persons).....405-715-4462
.....866-295-7277
126 N. Bryant Ave., Edmond, OK 73034-6301
Nancy Coffey, Director, Web Site www.aarp.org/state/ok

Resource Alliance on Aging580-234-6060
Senior Life Network, 4125 W. Garriott, Suite A-1, P.O. Box 1241, Enid, OK 73702
Steve Whitfill, Director; Gail Potts Contact Person, E-mail gpotts@coxinet.net

Oklahoma Foundation for Medical Quality, Inc.405-840-2891
.....800-522-3414
14000 Quail Springs Parkway Plaza, Suite 400, Oklahoma City, OK 73134
Jim Williams, President and CEO, Web Site www.OFMQ.com

Silver Haired Legislators (NODA Office)580-237-2236
Senior InfoLine800-211-2116
Web Site www.noda-aaa.com
E-mail: judy@nodanet.org

(You may also contact the Silver Haired Legislator in your area at the address or telephone number listed on the next page.)

**2006 NODA-AAA
Silver Haired Legislators**

SENATORS

District 7-1 (*Alfalfa, Grant, Kay, and Noble counties*)
Charles Clark580-762-4254
1316 Meadowbrook, Ponca City, OK 74604

District 7-2 (*Blaine, Garfield, Kingfisher and Major counties*)
Larry Hendricks580-237-6305
132 N. Rimrock Road, Enid, OK 73703-4727

Alternate:
Vacancy

HOUSE OF REPRESENTATIVES

District 7-1 (*Kay and Noble counties*)
Vacancy

District 7-2 (*Garfield and Grant counties*)
Laroy Goodpasture.....580-758-3891
P.O. Box 73, Waukomis, OK 73773

District 7-3 (*Alfalfa, Blaine, Kingfisher and Major counties*)
Tressie Folger.....580-985-3665
Rural Route, Box 130, Manchester, OK 73758-3665

Alternate:
Odessa McLemore580-474-2224
P.O. Box 403, 201 Broadway, Amorita, OK 73719

Aging Services

The Area Agency on Aging plans, coordinates and advocates community-based service delivery systems to meet the needs of older Oklahomans through nutrition; transportation; outreach; in home care; legal assistance; information and assistance; family caregiver training, support and respite; and Long Term Care Ombudsman.

Area #1

Grand Gateway 918-783-5793
333 South Oak, P.O. Drawer B, Big Cabin, OK 74332..... 800-482-4594
(Serves: Craig, Delaware, Mayes, Nowata, Ottawa, Rogers
and Washington counties.)

Area #2

EODD-AAA 918-682-7891
1012 North 38th, Muskogee, OK 74401..... 800-211-2116
(Serves: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah,
and Wagoner counties.)

Area #3

KEDDO-AAA..... 918-465-2367
Vo-Tech Administration Addition, Highway 2 North..... 800-722-8180
P.O. Box 638, Wilburton, OK 74578
(Serves: Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg
and Pushmataha counties.)

Area #4

SODA-AAA 580-920-1388
224 W. Evergreen, Ste. 203, P.O. Box 709, Durant, OK 74701..... 800-211-2116
(Serves: Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray
and Pontotoc counties.)

Area #5

COEDD-AAA 405-273-6410
400 North Bell, Shawnee, OK 74801 800-375-8255
(Serves: Hughes, Lincoln, Okfuskee, Pawnee, Payne, Seminole
and Pottawatomie counties.)

Aging Services (continued)

Area #6

Tulsa-AAA 918-596-7688
111 South Greenwood, Suite 200, Tulsa, OK 74120..... 800-211-2116
(Serves: *Creek, Osage and Tulsa counties.*)

Area #7

NODA-AAA 580-237-2236
2901 N. Van Buren, Enid, OK 73703
Senior InfoLine..... 800-211-2116
Information & Assistance..... 800-749-1149
Web Site www.noda-aaa.org
(Serves: *Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major and Noble counties*)

Area #8

Areawide Aging Agency 405-942-8500
Information and Assistance..... 405-943-4344
3200 NW 48th, Suite 104, Oklahoma City, OK 73112
(Serves: *Canadian, Cleveland, Logan and Oklahoma counties.*)

Area #9

ASCOG-AAA 580-252-0595
802 Main, Duncan, P.O. Box 1647, OK 73533 800-658-1466
(Serves: *Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens and Tillman counties.*)

Area #10

SWODA-AAA 580-562-4882
P.O. Box 569, Burns Flat, OK 73624 800-627-4882
(Serves: *Beckham, Custer, Greer, Harmon, Jackson, Kiowa, Roger Mills, and Washita counties.*)

Area #11

OEDA-AAA 580-625-4531
P.O. Box 668, Beaver, OK 73932..... 800-658-2844
(Serves: *Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods and Woodward counties.*)

Community Clinics

GARFIELD COUNTY

Diabetes Community Clinic580-249-5678
St. Mary's Regional Medical Center, 305 S. 5th, Enid, OK 73701
Contact Patti Rieiz
(First Wednesday of every month-5:30 p.m. to 6:30 p.m. in the cafeteria)

Enid Community Clinic.....580-233-5300
1106 E. Broadway, Enid, OK 73701, Contact Bob Taylor
(Free medical service. Open most Tuesday evenings at 5:00 p.m.)

KAY COUNTY

Community Clinic.....580-765-0296
Ponca City Medical Clinic, 1908 N. 14th, Suite 203, Ponca City, OK 74601
For appointment call580-765-0296
Nelda Skinner, Director *(Open Monday, Tuesday, Thursday 4:00 p.m. to 8:00 p.m. for adult medical services)*

OUTSIDE NODA SERVICE AREA

(These facilities will provide services for people from our area.)

Agape Clinic580-772-0121
912 W. Main, Weatherford, OK 73096
(Free medical and eye services. Open 2nd and 4th Thursday 6:00 p.m.-9:00 p.m.)

Charity Eye Clinic.....405-236-5212
701 Northwest 8th Street, Oklahoma City, OK 73102-1000
Web Site..... skylineministry.org
(Schedule appointments by phone Monday through Friday 8:30 a.m. to 3:00 p.m. Free eye care for those who qualify.)

Clinton Clinic580-323-3179
1st United Methodist Church at 10th and Frisco, Clinton, OK73601
Dana Matlock, Director
E-mail..... clumeth@itlnet.net
(Free medical and dental services. Open 2nd and 4th Thursday 6:00 p.m.-9:00 p.m.)

Consumer Help

AARP Tax Aid Program (Free Tax Assistance)

GARFIELD COUNTY

Oakwood Bowl..... 580-233-8712

4709 W. Garriott, Enid, OK 73703

(February 15 thru April 15, Monday, Wednesday and Friday 10:00 a.m. to 2:00 p.m.)

Enid City Library 580-234-6313

120 West Maine, Enid, OK 73701

(February 15 thru April 15, Saturday only 9:00 a.m. to 1:00 p.m.)

KAY COUNTY

Ponca City Library 580-767-0345

515 East Grand, Ponca City, OK 74601

(Monday through Thursday 9:00 a.m. to 5:00 p.m. Friday 9:00 a.m. to 1:00 p.m.)

Attorney General's Office 405-521-2029

Do Not Call Registry 800-390-5708

313 N.E. 23rd, Oklahoma City, OK 73105

Web Site..... [oag.state/ok.us](http://oag.state.ok.us)

Better Business Bureau of Central Oklahoma 405-239-6081

17 South Dewey, Oklahoma City, OK 73102

Web Site..... www.bbb.org

Consumer Credit Counseling Service 580-233-2227

..... 800-364-2227

317 West Cherokee, Suite A, Enid, OK 73701

Web Site..... www.cccsok.org

Consumer Protection Service..... 405-271-5243

1000 Northeast 10th, Oklahoma City, OK 73117-1299

Web Site..... www.health.ok.gov

(Investigates complaints on food and drugs.)

Consumer Help (continued)

- Department of Consumer Credit**.....405-521-3653
.....800-448-4904
4545 Lincoln Blvd., Suite 104, Oklahoma City, OK 73105
(Investigates complaints on credit purchases, loans, sale contracts and second mortgages.)
- Handicap Aids of Oklahoma, Inc.**405-842-0511
730 W. Heffner Rd., Oklahoma City, OK 73114800-689-0511
(Handicap accessible van rental for day, week or month. Modify vehicles for people with disabilities. Sell new and used handicap accessible vehicles.)
- Hearing and Speech Evaluation**580-765-0204
Ponca City Medical Center, 1900 W. 14th St., Ponca City, OK 74601
- Hedges Regional Speech and Hearing Center**580-234-3734
2615 E. Randolph, Enid, OK 73701
E-mail hedges3734@sbcglobal.net
- Pharmacy Fund**.....580-762-1641
Kay County Health Dept. 43 Fairview, Ponca City, OK 74601
- Internal Revenue Service (IRS)**800-829-1040
Web Site..... www.irs.gov
- National Eye Care Project**.....800-222-EYES
P.O. Box 429098, San Francisco, CA 94142-9095
Web Site..... www.eyecareamerica.org
(Program to assist elderly Oklahoma residents with eye care.)
- Oasis**800-426-2747
P.O. Box 26901, Oklahoma City, OK 73190405-271-6302
Fax.....405-271-6305
Web Site..... <http://oasis.ouhsc.edu>
(Respite care voucher program for the family caregiver.)

Counseling/Support Groups

Senior Health Insurance Counseling Program (SHICP) 800-763-2828
Oklahoma Insurance Department, 2401 NW 23rd St., Suite 28,..... 405-521-6628
P.O. Box 53408, Oklahoma City, OK 73152-3408
Web Site..... www.oid.state.ok.us,
E-mail..... shicp@insurance.state.ok.us

Attentive Care 405-809-3573
1301 S. Pennsylvania Ave., Suite 12, Oklahoma City, OK 73170..... 888-317-7702
(*Contact Kenneth Nixon. Internet based Alzheimer's Caregiver Support System.*)

Alzheimer's Association OK Chapter 918-481-7741
National Help Line..... 800-272-3900
6465 S. Yale, Suite 312, Tulsa, OK 74136

Alzheimer's Association OK Chapter 405-319-0780
National Help Line..... 800-272-3900
Web Site..... www.alzokar.org,
National Web Site..... www.Alz.org
5400 N. Grand Blvd., Suite 255 Oklahoma City, OK 73112

American Cancer Society 800-227-2345
Web Site..... www.cancer.org
8400 Silver Crossing, Oklahoma City, OK 73132

American Diabetes Association 405-840-3881
..... 800-259-6551
Web Site..... www.diabetes.org/okc
3000 United Founders Blvd., Suite 108, Oklahoma City, OK 73112

American Heart Association 405-942-2444
..... 800-242-8721
Web Site..... www.americanheart.org
5700 N. Portland, Suite 203, Oklahoma City, OK 73112

Counseling/Support Groups (continued)

American Lung Association 405-748-4674
 Fax..... 405-748-6274
 Web Site..... www.oklung.org
 3160 W. Britton Rd., Ste. E, Oklahoma City, OK 73120

American Parkinson’s Disease Association 800-223-2732
 135 Parkinson Ave., Staten Island, New York 10305

American Speech, Language and Hearing Association..... 301-897-5700
 Web Site..... www.asha.org
 10801 Rockville Pike, Rockville, MD 20852

Arthritis Foundation..... 405-956-3366
 Web Site..... www.arthritis.org
 3232 West Britton Rd., Ste. 200, Oklahoma City, OK 73120

Caregiver Connection Support Group..... 580-213-3171
 First United Methodist Church, 401 W. Randolph, Enid, OK 73701
(First and third Thursday of every month from 10:00 a.m. to 11:30 a.m.)

Center for Elderly Suicide Prevention (CESP) 800-971-0016
(Receive emotional support, crisis intervention and information and referral.)

Dean McGee Eye Institute..... 405-271-6060
 800-787-9012
 Web Site..... www.dmei.org
 608 Stanton L. Young Blvd., Oklahoma City, OK 73104

Grandparents Raising Grandchildren..... 580-213-3171
 NODA Area Agency on Aging Conference Room
 2901 N. Van Buren, Enid, OK 73703
(First Wednesday of every month from 12:00 p.m. to 1:00 p.m.)

Myasthenia Gravis Foundation 918-494-4951
 Web Site..... www.myasthenia.org/chapters/oklahoma
 E-mail..... oklahoma@myasthenia.org
 6465 South Yale, Suite 623, Tulsa, OK 74136

Counseling/Support Groups (continued)

National Osteoporosis Foundation	202-223-2226
.....	800-223-9994
Web Site.....	www.nof.org
1232 22nd St. NW, Washington, DC 20037-1292	
National Institutes of Health	800-624-2663
TTY	202-466-4315
E-mail.....	NIAMSBONEINFO@mail.nih.gov
2 AMS Circle, Bethesda, MD 20892-3676	
Oklahoma Foundation for the Disabled	405-842-6636
8421 North Walker, Oklahoma City, OK 73114	
Oklahoma Poison Control Center	800-222-1222
.....	800-522-4611
Web Site.....	www.okpoison.org
Oklahoma Lupus Association	405-495-8787
.....	800-725-6445
Web Site.....	www.oklupus.com
E-mail.....	oklupus@flash.net
3131 N. McArthur, Suite 106B, Oklahoma City, OK 73104	
Oklahoma Medical Research Foundation	405-271-6673
.....	800-522-0211
Web Site.....	www.omrf.org
825 Northeast 13th, Oklahoma City, OK 73104	
Oklahoma Mental Health Consumer Council	888-424-1305
Fax.....	405-605-8175
3200 NW 48th, Suite 102, Oklahoma City, OK 73112	
Ostomy Association of North Central Oklahoma	405-372-3464
Stillwater Medical Center, 1323 W. 6th Ave., Stillwater, OK 74074	
Paralyzed Veterans of America	405-235-6910
.....	800-795-3625
Web Site.....	www.pva.org
921 Northeast 13th, Room 2A147, Oklahoma City, OK 73104	

Counseling/Support Groups (continued)

GARFIELD COUNTY

AIDS 580-233-0650
Contact Merle Isaak Extension 130
Fax..... 580-249-5999
E-mail..... merlei@health.ok.gov
Garfield County Health Dept., 2501 Mercer Dr., Enid, OK 73701
(Confidential screening, information, counseling and assistance.)

Alcoholics Anonymous..... 580-242-9000
305 W. Cherokee, Enid, OK 73701
(Noon and 6:00 p.m. daily. 8:00 p.m. Monday and Saturday. 11:00 a.m. Sunday)

Alcoholics Anonymous..... 580-234-6070
Stepping Stones Community Services, 701 W. Maine, Enid, OK 73701
(7:00 p.m. nightly. Noon on Saturday for women only.)

Alzheimer's Disease Support Group..... 580-237-2236
Diana Weber, NODA Conference Room, 2901 N. Van Buren, Enid, OK 73703
(Second Monday of each month. Call for information.)

Care Connection and Grief Support 580-234-2273
Web Site..... www.hospicecircleoflove.com
E-mail..... enid.host.col@sbcglobal.net
Hospice Circle of Love, 314 S. Third, Enid, OK 73701

Catholic Charities Counseling Service..... 580-237-7352
528 W. Broadway, Enid, OK 73701

Cholesterol Screening 580-233-0181
St. Mary's Health Plex, Vital Signs Fitness Center
2123 W. Willow, Enid, OK 73703
(Every Friday 8:00 a.m. to 9:00 a.m. Cost \$25.00)

Compassionate Friends 580-233-0667
St. Mary's Regional Medical Center, 305 S. 5th St., P.O. Box 1283, Enid, OK 73701
(For bereaved parents and siblings 9 years and older. Meets at 7:00 p.m. second Thursday of each month.)

Counseling/Support Groups (continued)

Crohn's Disease Support Group.....580-548-1228
 Integris Bass Pavilion, 401 S. Third, Enid, OK 73701580-233-2300
 Ask operator to page Roger Hess (*Every fourth Tuesday 6:00 p.m. to 7:30 p.m.*)

Diabetes Classes580-233-0650
 Garfield County Health Dept., 2501 Mercer Dr., Enid, OK 73701 ... Extension 147
 (*Class held every 3 months, one day 9:00 a.m. to 4:00 p.m. Call for registration. Classes are free.*)

Diabetes Education Group580-234-3371
 Fax.....580-233-8820
 Web Site..... www.integris.com
 Integris Bass Pavilion, 401 S. Third, Enid, OK 73701
 (*Meets second Thursday of each month at 8:30 a.m.*)

Diabetes Support Group.....580-249-5678
 St. Mary's Regional Medical Center, 305 S. 5th, Enid, OK 73701
 (*Meets First Wednesday of every month 5:30 p.m. to 6:30 p.m.*)

Enid Counseling and Diagnostic, Inc.580-242-5544
 Fax.....580-233-8905
 Dr. Wendi Betz, 230 W. Maple, Enid, OK 73701
 (*Psychological assessment and counseling services.*)

Free Blood Pressure Check580-249-5581
 Fax.....580-249-3494
 St. Mary's Cardiac Rehab, Basement, 305 South Fifth, Enid, OK 73701
 (*Monday-Wednesday-Friday 8:00 a.m. to 12:00 p.m. and 1:00 p.m. to 3:00 p.m.*)

Fibromyalgia Support Group580-548-1163
 Integris Bass Pavilion, 401 S. Third, Enid, OK 73701580-233-2300
 Ask operator to page Laurene Miller
 (*Second Tuesday of each month in Conference Room from 6:00 p.m. to 7:30 p.m.*)

Grace Hollrah Breast Cancer Support Group580-233-5328
580-234-1528
 Pat Cunningham, Ext. 1581580-233-2300
 Integris Bass Health Pavilion, 401 S. 3rd, Enid, OK 73701
 (*Fourth Monday except December at 11:30 a.m.*)

Counseling/Support Groups (continued)

Multiple Sclerosis Support Group.....580-765-7886
580-242-1300

Christian Church of the Covenant, 1200 S. Cleveland, Enid, OK 73701
(Second Monday of each month at 7:00 p.m.)

Multiple Sclerosis Support Group.....580-762-3397

First Lutheran Church, 1104 N. 4th, Enid, OK 73701
(Meets third Monday of each month at 7:00 p.m.)

Ostomy Association of North Central Oklahoma.....580-234-0233

St. Mary's Regional Medical Center, 305 S. Fifth, Enid, OK 73701
(Basement classrooms C-D. Meetings in March, June, September and December.)

Parenting Classes580-234-7581

Dena Patterson, Child Advocate
 E-Mail dpattersonywca@enid.com
 YWCA, 525 S. Quincy, Enid, OK 73701

Parkinson Disease Support Group.....580-233-6285

Meadows Point Apartments, 1225 S. Cleveland, Enid, OK 73703
 Contact Chuck or Imarie Bowlan *(Meets first Tuesday of each month at 6:00 p.m.)*

Parkinson Foundation of the Heartland Support Group.....580-548-1110

Integrus Pavilion, 401 S. Third, Enid, OK 73701 Contact: Anita Andrew
(Meets in the cafeteria the first Wednesday of each month at 2:00 p.m.)

Pulmonary Support Group

Contact Jane Schanck at Integrus Bass.....580-249-4283
 Contact Chris Walker at St. Mary's.....580-237-8278
 Fax.....580-237-7641

Integrus Bass Pavilion, 401 S. Third, Enid, OK 73701

(Meets the second Tuesday of the month at 5:00 p.m. in the cafeteria.)

SAFRA (Support Alliance for Recovering Amputees).....580-249-5533

Fax.....580-249-5536

St. Mary's Regional Medical Center, 305 S. Fifth, Enid, OK 73701

(Meets first Monday in March, June and December and second Monday in September at 7:00 p.m. on fifth floor in Rehab Care Conference Room)

Counseling/Support Groups (continued)

- Stroke Education Group**580-548-5072
.....580-249-5533
St. Mary's Regional Medical Center, 305 S. Fifth, Enid, OK 73701
(Meets Monday through Friday from 3:00 p.m. to 4:00 p.m. on fifth floor in Rehab Care Conference Room.)
- Stroke Survivors Support Group**580-249-5533
St. Mary's Regional Medical Center, 305 S. Fifth, Enid, OK 73701
(Meets second Tuesday of each month at 2:00 p.m. on fifth floor in Rehab Care Conference Room.)
- TOPS—Take Off Pounds Sensibly**.....(Betty Crouch)580-233-6334
Evelyn Rogers580-233-6334
Central Christian Church, 1111 W. Broadway, Enid, OK 73703
(Meets every Wednesday from 9:00 a.m. to 11:00 a.m.)
- TOPS—Take Off Pounds Sensibly**.....580-234-7645
Nazarene Church, 16th & Maine, Enid, OK 73703
(Meets every Tuesday at 7:00 p.m.)
- Traumatic Brain Injury Support Group**580-548-5080
Lori McMillan, Program Director.....580-548-5072
St. Mary's Regional Medical Center, 305 S. Fifth, Enid, OK 73701
(Meets third Tuesday of each month at 6:30 p.m. on Fifth Floor South.)

KAY COUNTY

- Al-Anon**.....580-765-0758
.....580-762-7578
.....580-767-5328
24 Hour Help Line580-765-5551
Harmony House, 212 S. Third , Ponca City, OK 74601
(Meets every Monday and Wednesday at 8:00 p.m.)
- Alcoholics Anonymous**.....580-765-8462
Harmony House, 212 S. 3rd, Ponca City, OK 74601
(Meets Sunday at 11:00 a.m. and Monday through Saturday at 12:00 p.m. and 8:00 p.m.)

Counseling/Support Groups (continued)

- Alzheimer’s Support Group**.....580-762-6992
 RSVP Senior Citizen Center, 319 W. Grand, Ponca City, OK 74601
(Meets the second Monday of each month at 1:00 p.m. and the fourth Thursday of each month at 7:00 p.m.)
- Arthritis/Fibromyalgia Support Group**.....580-762-8108
 First Baptist Church, 218 S. 6th, Ponca City, OK
(Meets fourth Monday of each month at 7:00 p.m. in Williamsburg Parlor.)
- Better Breathers**.....580-765-8155
 At Home Medical of Ponca City, 1209 E. Prospect, Ponca City, OK 74601
(Meets second Wednesday each month at 2:00 p.m.)
- Bladder Pain Support Group**.....580-762-2514
(Contact Joan Dick—Telephone Support)
- Congregational Health Ministries**580-765-0476
 Via Christi Medical Center, P.O. Box 1270, Ponca City, OK 74602
(Support to churches to establish volunteer nurses to work with congregations on health and wellness education and counseling, as a health advocate, organize volunteers and as a liaison to community services.)
- Death of a Mate**580-762-9102
 Hospice of North Central Oklahoma
 904 N. Union, Suite 103, Ponca City, OK 74601800-814-9102
(Call for information.)
- Diabetic Support Group**.....580-762-4479
 Doris Foiles, Chairman580-763-0868
 Grand Avenue Church of Christ, 1300 W. Grand, Ponca City, OK 74601
(Meets third Tuesday of each month 7:30 p.m. September through May.)
- Elderly Living Alone**.....580-767-0370
(Contact Amy Haines—Through Ponca City Police Department.)

Counseling/Support Groups (continued)

- Grief Support Group** 580-762-9102
 Hospice of North Central Oklahoma 800-814-9102
 1904 N. Union, Suite 103, Ponca City, OK 74601
(Please call for schedule of meetings and location.)
- Lifeline** 580-765-8155
 At Home Medical of Ponca City, 1209 E. Prospect Avenue, Ponca City, OK 74601
(An electronic emergency response system for persons living alone.)
- Multiple Sclerosis Support Group**..... 580-762-0927
 Westminster Village, Inc., 1601 Academy Rd., Ponca City, OK 74604
- Ostomy Association of North Central Oklahoma** 580-765-0050
 At Home Medical of Ponca City, 1209 E. Prospect Ave., Ponca City, OK 74601
(Contact Bob Baumel. Meets in January, July and October)
- Overcoming Through The Crisis (OTTC)**..... 580-336-4457
 Pastor Lonnie Rutherford, Director 580-273-5500
 102 E. Fir Ave., Perry, OK 73077
- Overeaters Anonymous** 580-762-8256
 580-762-2161
 Via Christi Medical Center, 1900 N. 14th, Ponca City, OK 74601
(Meets every Thursday at 7:00 p.m. and every Saturday at 10:00 a.m. in Conference Room B.)
- Parkinson Disease Support Group**..... 580-765-8155
 At Home Medical of Ponca City, 1209 E. Prospect Avenue, Ponca City, OK 74601
(Meets second Friday of each month at 10:30 a.m.)
- Raindrops Grief Support** 580-763-0375
 Contact Debra Gibson
 Four Square Gospel Church, 700 W. Broadway, Ponca City, OK 74601
(Meets second Monday of each month at 7:00 p.m.)

Counseling/Support Groups (continued)

Sertoma Civic Organization.....580-765-0204
Nancy Van Zant, Ext. 2204.....580-765-3321
Ponca City Medical Center, 1900 N. 14th, Ponca City, OK 74601 (*Meets every Tuesday at 12:00 p.m. Call for information.*)

TOPS—Take Off Pounds Sensibly.....580-362-3061
Contact Donna McCoy
Kay County Health Dept., 433 Fairview, Ponca City, OK 74601
(*Meets every Monday from 5:00 p.m. to 6:30 p.m.*)

Wound, Ostomy & Diabetes Specialist918-540-7655
Gina Banks, R.N., 310 2nd Southwest, Suite 208, Miami, OK 74354
E-mail..... gina.arnp@netscape.com

KINGFISHER COUNTY

Parkinson Foundation of the Heartland Support Group.....405-263-4456
County Wood Manor, 1604 S. 13th, Kingfisher, OK 73750
(*Contact Dolores Greving. Meets the third Tuesday each month at 6:30 p.m.*)

County Health Departments

Blaine County Health Department.....580-623-7977
521 W. 4th, Watonga, OK 73772

Garfield County Health Department580-233-0650
2501 Mercer Dr., Enid, OK 73701

Grant County Health Department580-395-2906
115 N. Main, Medford, OK 73759
Grant County Outreach580-395-2906
(*Provides housekeeping, shopping, transportation and escort.*)

Kay County Health Department.....580-762-1641
433 Fairview, Ponca City, OK 74601888-577-0844
1706 S. Main, Blackwell, OK 74631580-363-5520

County Health Departments (continued)

Kingfisher County Health Department405-375-3008
124 E. Sheridan, Kingfisher, OK 73750

Major County Health Department.....580-227-3362
501 E. Broadway, Fairview, OK 73737

Noble County Health Department.....580-336-2257
300 E. Fir, Perry, OK 73077800-256-2675

Death Benefits

Social Security Administration.....580-237-4337
2202 N. Van Buren, Enid, OK 73703 (*Survivor Benefits*)

Social Security Administration.....580-762-6672
1722 N. 4th, Ponca City, OK 74601800-772-1213
(*For Widow/Widower benefits.*)

State Health Department.....405-271-4040
P.O. Box 53551, Oklahoma City, OK 73152 (*To obtain death certificate contact funeral director or send \$10.00 to the State Health Department.*)

Veterans Administration Medical Center405-270-0501
Details Clerk405-270-1511
921 N.E. 13th, Oklahoma City, OK 73104 (*Burial Benefits*)

Dental Services

Clinton Clinic580-323-3179
1st United Methodist Church at 10th & Frisco, Clinton, OK 73601
(*Free medical second and fourth Thursday of the month from 6:00 p.m. to 9:00 p.m.*)

D-Dent.....405-424-8092
222 Northeast 27th, Oklahoma City, OK 73105
(*Dentists for qualifying disabled and elderly persons in need of treatment.*)

Dental Services (continued)

Garfield County Health Department 580-233-0650
2501 Mercer Dr., Enid, OK 73701 Ext. 123

Good Shepherd Ministries of Oklahoma 405-232-8631
222 Northwest 12th, Oklahoma City, OK 73103
(Extractions/X-rays only. No charge to patient. Monday 9:00 a.m. adults only-with appointment. Tuesday 9:00 a.m. children only-with appointment.)

Mary Mahoney Memorial Health Center 405-769-3301
Contact Dr. Curtis Smith..... Ext. 1206
12716 North 36th St., Oklahoma City, OK 73140
(Call for information on dental services.)

My Dentist..... 580-234-1486
Web Site..... www.mydentistinc.com
4125 W. Garriott, Enid, OK 73703 *(Payment arrangements can be made.)*

Neighbor for Neighbor 918-425-5595
(Cleanings, Fillings, Extractions)

Oklahoma University Children’s Physicians Dental Clinic 405-271-4750
940 Northeast 13th St., Oklahoma City, OK 73104

Oklahoma City Indian Health Clinic 405-948-4900
4913 W. Reno, Oklahoma City, OK 73127
(Dental service for American Indians)

Oklahoma Community Health Services..... Toll Free 866-388-6688
Carol Martin, Director of Patient Relations..... 405-632-6688
1025 Straka Terrace, Oklahoma City, OK 73139
(Provides low-income health care and dental care for anyone in Oklahoma. Call for an appointment.)

Oklahoma Dental Association..... 405-848-8873
..... 800-876-8890
317 N.E. 13th, Oklahoma City, OK 73104
(Call for a listing of dentists who give discount dental service for Seniors.)

Dental Services (continued)

OMH Oral Surgery Clinic.....405-271-4131

1201 N. Stonewall, Oklahoma City, OK 73117

(Extractions only. Set fees. Payment due at time of service. No checks accepted.)

Rose State College.....405-733-7336

Health Science Annex Bldg., I-40 and Hudiburg Dr., Midwest City, OK 73110

(Free screening, \$5 teeth cleaning. Monday through Friday 8:00 a.m. to 4:00 p.m.

Must have appointment.)

St. Anthony Hospital Dental Clinic.....405-272-7373

1000 North Lee, Oklahoma City, OK 73102

(Emergency care. Regular set fees. Payment due at time of service)

University of Oklahoma College of Dentistry405-271-6326

1201 N. Stonewall, Oklahoma City, OK. 73117

(Comprehensive care. Reduced set fees.)

DENTURISTS

Garrett Denture Clinic580-269-2940

648 Grandview, Kaw City, OK 74641.....800-804-4040

Disabilities

ABLE Tech.....405-744-9748

Contact Melissa Goforth888-885-5588

1514 West Hall of Fame, Stillwater, OK 74078

(Helps people with disabilities get access to assistive technology to help them in their everyday lives. OKAT through BankFirst has a low interest loan and a guaranty loan program for individuals with disabilities to purchase assistive technology such as hearing aids, wheelchairs, adapted vans and lifts, home modifications, computers and speech recognition.)

American Council of the Blind (National).....800-424-8666

Web Site..... www.abc.org

P.O. Box 1476, Oklahoma City, OK 72103 *(Please call for information.)*

Disabilities (continued)

Disabled American Veterans (State Headquarters) 405-521-0758
 601 N. 26th, Enid, OK 73701 580-242-3808
 Commander Doug McMullen 580-234-1887
 Cell Phone 580-747-7778

Department of Public Safety 405-425-2290
 Driver License Service Division, 3600 Martin Luther King,
 Oklahoma City, OK 73107 (*Application for handicapped parking placard*)

Office of Handicap Concerns 405-521-3756
 TDD Line 405-522-6706
 Fax 405-522-6695
 2401 N.W. 23rd, Suite 90, Oklahoma City, OK 73107-2423 800-522-8224

Oklahoma Foundation for the Disabled 405-842-6636
 8421 North Walker, Oklahoma City, OK 73114
 (*Provides social and recreational activities for those with disabilities.*)

Oklahoma Department of Rehabilitation Services
 Visual Services 580-233-6514
 Vocational Rehabilitation 580-233-0244
 225 W. Maple, Enid, OK 73701

Oklahoma Library for the Blind and Handicapped 405-521-3514
 800-523-0288
 Web Site www.library.state.ok.us
 300 Northeast 18th St., Oklahoma City, OK 73105
 (*Narrated videos, educational services, books for the schools for the blind, adaptive computers for the blind on display.*)

Operator Services for the Deaf (Relay Oklahoma) 800-722-0353

Oklahoma School for the Deaf 866-309-1717
 Contact Pat Goldwin 580-622-4930
 Telecommunication Program TDD/TTY
 1100 E. Oklahoma, Sulphur, OK 73086

Disabilities (continued)

Vocational Rehabilitation for the Disabled580-233-0244
225 W. Maple, Enid, OK 73701
(Provides vocational rehabilitation and assistance for the disabled.)

GARFIELD COUNTY

Sandra Beasley Independent Living Center580-237-8508
705 S. Oakwood, Enid, OK 73703800-375-4358

KAY COUNTY

Opportunity Center, Inc......580-765-6782
2225 N. Union, Ponca City, OK 74601
(Private housing in residential area for the developmentally disabled Kay County citizen. Must be over 21 to qualify.)

Education

Elderhostel
Senior Adult Services, University of Oklahoma.....405-325-3488
1600 S. Jenkins, Room 123, Norman, OK
(Unique learning experiences on college campus and travel programs.)

United Urban Indian Council405-810-9202
4801 N. Classen, Ste. 200, Oklahoma City, OK 73118

GARFIELD COUNTY

Autry Technology Center.....580-242-2750
1201 W. Willow, Enid, OK 73703
(Evening classes. Age 60 and older, reduced tuition available on some courses.)

Northern Oklahoma College.....580-242-6300
100 S. University Ave., Enid, OK 73701

Education (continued)

Northwestern Oklahoma State University (Enid Campus)580-213-3100
2929 E. Randolph, Enid, OK 73701

KAY COUNTY

Northern Oklahoma College.....580-628-6200
1220 E. Grand, Tonkawa, OK 74653

Opportunity Center, Inc......580-765-6782
2225 N. Union, Ponca City, OK 74601
(Programs for the developmentally disabled adult.)

Pioneer Area Technology Center580-762-8336
2101 N. Ash, Ponca City, OK 74601

Ponca City Area Literacy Council.....580-767-0351
515 E. Grand, Ponca City, OK 74601

KINGFISHER COUNTY

Chisholm Trail Technology Center405-729-8324
Hwy 33, Omega, OK 73764

MAJOR COUNTY

Northwest Technology Center580-227-3708
Web Site..... www.nwtechonline.com
801 S. Vo-Tech Drive, Fairview, OK 73737

Employment

- Oklahoma Employment Security Commission**580-234-6043
2613 N. Van Buren, Enid, OK 73703 888-980-9675
(Serves: *Alfalfa, Blaine, Garfield, Grant, Kingfisher and Major counties.*)
- Oklahoma Employment Security Commission**580-765-3372
1201 W. Grand, Ponca City, OK 74601 (*Serves Kay and Noble counties.*)
- Opportunities, Inc.**.....580-623-7283
117 W. Russworm, P.O. Box 569, Watonga, OK 73772
- Senior Community Service Employment Program**580-234-6043
2613 N. Van Buren, Enid, OK 73703
(*Job search, job placements for 55 years and older with low income*)
- Vocational Rehabilitation**.....580-327-1214
NWOSU Campus, 1032 8th St., Shockley Hall, Alva, OK 73717 800-487-4042
- Vocational Rehabilitation/Vision Services**.....580-233-0244
225 W. Maple, Enid, OK 73701
(*Serves: Blaine, Garfield, Grant and Kingfisher counties.*)
- Vocational Rehabilitation and Vision**
217 W. 5th, Stillwater, OK405-372-2017
Vision—Suite 1, Vocational Rehabilitation—Suite 2A 405-372-1995
(*Serves 16 counties*)

Financial and Emergency Assistance

American Red Cross

Cimarron Valley Chapter 580-237-5994

1023 W. Elm, Enid, OK 73703—Contact Robin Unruh

(Serves Alfalfa, Blaine, Garfield, and Major counties. Also serves Noble County west of I-35.)

Cherokee Strip Chapter 580-363-1738

1313 W. Ferguson, Blackwell, OK 74631—Contact Kathy Hawkins

(Serves western Kay County and Grant County)

Kingfisher County..... 405-228-9500

Web Site..... www.redcross.okc.org

601 N.E. 6th, Oklahoma City, OK 73104—CEO Vince Hernandez

Major County (Fairview) 580-227-4471

Toll Free..... 877-528-4471

Sheriff Office, Major County Courthouse, 500 E. Broadway, Fairview, OK 73737

Payne & Noble County Chapter 405-372-1833

114 W. 8th, Stillwater, OK 74074

(Serves Noble County east of I-35.)

Ponca City 580-765-6605

Chairman—Brenda Chergo, Health & Safety Instructor—Shirley Vore

ALFALFA COUNTY

Opportunities, Inc. 580-623-7283

117 W. Russworm, P.O. Box 569 Watonga, OK 73772

BLAINE COUNTY

Opportunities, Inc. 580-623-7283

117 W. Russworm, P.O. Box 569, Watonga, OK 73772

Financial and Emergency Assistance (continued)

GARFIELD COUNTY

CDSA.....580-242-6131

Help Line.....580-237-4357

2615 E. Randolph, Enid, OK 73701

GRANT COUNTY

CDSA.....580-242-6131

2615 E. Randolph, Enid, OK 73701

KAY COUNTY

Associated Charities.....580-363-1290

212 E. Bridge, P.O. Box 305, Blackwell, OK 74631

(Assistance with food, medication, utilities, eyeglasses, rent, gasoline to doctor and school supplies.)

Overcoming Through The Crisis.....580-336-4457

Pastor Lonnie Rutherford, Director

102 E. Fir, Perry, OK 73077,

United Community Action Program, Inc.918-762-3041

501 6th St., Pawnee, OK 74058

KINGFISHER COUNTY

Opportunities, Inc......580-623-7283

117 W. Russworm, P.O. Box 569, Watonga, OK 73772

MAJOR COUNTY

Opportunities, Inc......580-623-7283

117 W. Russworm, P.O. Box 569 Watonga, OK 73772

NOBLE COUNTY

Operation Blessing, Inc.580-336-3313

803 Market, Perry, OK 73077

(Assistance with utilities, rent, medication, food, travel.)

Financial and Emergency Assistance (continued)

Oklahoma Department of Human Services

Alfalfa County DHS	580-596-3335
101 S. Grand, Cherokee, OK 73728	
Blaine County DHS	580-623-2000
410 W. Main, Watonga, OK 73772	800-808-8961
Fax.....	580-623-2064
Garfield County DHS	580-548-2100
2405 Mercer Drive, Enid, OK 73701.....	800-433-7074
Grant County DHS	580-395-3312
112 E. Guthrie, Room 303, Medford, OK 73759	800-433-6909
<i>(Open Monday through Thursday)</i>	
Kay County DHS	580-765-2656
801 W. Grand, Ste. B, Ponca City, OK 74601.....	800-493-7982
Fax.....	580-765-2674
801 W. South St., Newkirk, OK 74647	580-362-2548
Fax.....	580-362-4179
Kingfisher County DHS	405-375-3867
102 W. Coronado, Kingfisher, OK 73750	
Major County DHS	580-227-3759
1425 N. Main, Fairview, OK 73737	800-815-7571
Noble County DHS	580-336-5581
205 N. 15th, Perry, OK 73077	800-815-7569
Fax.....	580-336-4795

Oklahoma Gas & Electric

Weatherization Assistance..... 580-249-2305

Criteria: Must be at least 65 years of age, own the home, and have never received weatherization from OG&E before. Serves all counties in the NODA area.

Financial and Emergency Assistance (continued)

The Salvation Army

Emergency assistance with food, clothing, shelter, transportation, utilities and prescriptions.

Alfalfa County580-596-3358

113 S. Grand, Cherokee, OK 73723 Contact Mr. Joe Woods

(Must be referred by DHS)

Blaine County580-623-5400

P.O. Box 508, Watonga, OK 73772 Contact Mr. Alan Mosely

Garfield County580-237-1910

516 N. Independence, Enid, OK 73701 Contact Captain Cameron Henderson

Grant County580-237-1910

(Served out of Enid location)

Kay County580-762-7501

601 S. Third, Ponca City, OK 74601 Contact Major Johnny Poff

Kingfisher County.....No contact information available

Major County580-237-1910

(Served out of Enid location)

Noble County580-336-4576

P.O. Box 13, Perry, OK 73077 Contact Rev. Beulah Lewis

Additional Service Organizations

GARFIELD COUNTY

Calvary Baptist Church580-237-1336

831 E. Broadway, Enid, OK 73701

Delightful Harvest (Philadelphia Seventh Day Adventist Church) ..580-237-5023

802 E.. Maine, Enid, OK 73701 *(Serves free meal Sundays 12:30 p.m.-1:20 p.m.)*

First Baptist Church580-234-1133

401 W. Maine, Enid, OK 73701 *(Prepared/frozen meals when available)*

<i>Financial and Emergency Assistance (continued)</i>

- Fresh Start Nutrition**580-548-2014
 316 E. Oxford.....580-548-2019
(Understand food labels, plan low-cost meals, stretch your food dollars, find ways to prepare new food.)
- Hope Outreach**580-237-4673
 215 S. Van Buren, Enid, OK 73701 *(Food Pantry.)*
- Manna** (First Presbyterian Church).....580-237-5413
 502 W. Maine, Enid, OK 73701 *(Saturday 11:00 a.m. to 12:00 p.m.)*
- North Garland Church of Christ**.....580-237-4658
 703 N. Garland Road, Enid, OK 73703 *(Food Pantry-Thursday.)*
- Our Daily Bread** (St. Francis Xavier Church)580-242-5718
580-234-6802
(Meal served Monday-Friday 10:30 a.m. to 12:00 noon.)
- Our Shepherd’s Cupboard** (Bethany United Methodist Church)....580-237-6611
 913 E. Maple, Enid, OK 73701
(Food pantry third and fourth Tuesday of month from 10:00 a.m. to 12:00 p.m.)
- St. Gregory Catholic Church**580-233-4589
 1924 W. Willow, Enid, OK 73703
(Food pantry every Friday 9:00 a.m. to 12:00 noon. Eligible every 4 weeks.)
- Second Mile Clothing Closet**580-234-5221
 University Place Christian Church, 2107 E. Broadway, Enid, OK 73701
(Friday 9:00 a.m. to 12:00 p.m. only.)
- University Place Christian Church**580-234-5221
 2107 E. Broadway, Enid, OK 73701 *(Food pantry requires CDSA referral. Hot meal served Monday 6:30 p.m. to 9:00 p.m.)*
- Zoe Bible Church**580-237-7703
 729 E. Maine, Enid, OK 73701
(Food pantry on Monday and Friday 10:00 a.m.-12:00 p.m. and 1:00 p.m.-3:00 p.m.)

<i>Financial and Emergency Assistance (continued)</i>

KAY COUNTY

Asbury Methodist Church580-762-2062

700 W. Liberty, Ponca City, OK 74601

(Food pantry, crutches and wheel chair for loan.)

Associated Charities.....580-363-1290

123 W. Bridge, P.O. Box 305, Blackwell, OK 74631

(Food, clothing, utilities and medications.)

Friendship Feast (First Christian Church)580-762-1666

210 N. 5th, Ponca City, OK 74601

(Monday through Thursday-Meal served at 5:30 p.m.)

Grand Avenue Church of Christ.....580-765-2544

1300 W. Grand, Ponca City, OK 74601 *(Food pantry)*

Hartford Avenue Church of Christ.....580-765-3610

1905 Joe, Ponca City, OK 74601 *(Food and clothing.)*

Meals on Wheels.....580-762-4707

Hospital Answering Machine580-765-0331

(Monday-Friday, lunch time.).....580-765-8575

New Emergency Resource Agency-New ERA.....580-765-5372

500 N. First, Ponca City, OK 74601

(Food, financial assistance, clothing and medication.)

Opportunities, Inc......580-623-7283

117 W. Russworm, P.O. Box 569, Watonga, OK 73772

(Serving counties in the Northwest quadrant of Oklahoma in Anti-Poverty Programs.)

Overcoming Through The Crisis.....580-336-4457

Pastor Lonnie Rutherford, Director,580-273-5500

102 E. Fir Ave., Perry, OK 73077

Financial and Emergency Assistance (continued)

Share The Warmth580-762-7501
601 S. Third, Ponca City, OK 74601
*(Energy assistance program through ONG and Salvation Army. Funds available
November through April.)*

The Mission.....580-765-1426
909 E. South Avenue, Ponca City, OK 74601 *(Meals and clothing.)*

Tonkawa Community Food Bank580-628-2213
115 W. Grand (Christian Church), Tonkawa, OK 74653
(Open on Wednesday 9:30 a.m. to 11:00 a.m.)

Utility Bills580-767-0311
516 E. Grand, Ponca City, OK 74601 *(Assistance with overdue bills.)*

MAJOR COUNTY

Community Care.....No Phone
223 N. Main, Ringwood, OK 73768
(Clothing and furniture. Monday afternoons 1:30 p.m. to 5:00 p.m.)

Heartland Share-Fairview.....580-227-4470
1st United Methodist of Fairview, 123 W. Central, Fairview, OK 73737
Coordinators: Leland Pratt and Jan Marshall (580-227-3434)
*(Program for people to purchase food package at reduced price. Must have two
hours volunteer service in the community.)*

NOBLE COUNTY

Soup Kitchen580-336-2776
First United Methodist Church
727 Elm, P.O. Box 206, Perry, OK 73077
(Meal every Thursday at 5:30 p.m.)

Home Care

ADvantage Program (to apply)	800-435-4711
<i>(Through Long Term Care of Enid, Medicaid Waiver)</i>	
For more information call Judy Rupp	580-237-2236
at NODA Area Agency on Aging	800-211-2116
.....	800-749-1149
Advanced Home Care Services	580-234-3918
.....	Toll Free 888-285-1414
Fax.....	580-234-3969
215 W. Garriott, Ste. 2A, Enid, OK 73701	
<i>(Serving Central and Western Oklahoma)</i>	
Amedisys, Inc.	580-237-7377
204 S. Van Buren, Enid, OK 73703	
At Home Medical of Ponca City	580-765-0390
1209 E. Prospect Dr., Ponca City, OK 74601	800-221-8155
Carter Healthcare and Hospice.	580-237-3672
915 E. Owen K. Garriott, Enid, OK 73701	
<i>(Serves Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major and Noble counties.)</i>	
Deaconess Home Care	405-604-6272
7600 NW 23rd., Bethany, OK 73008	
<i>(Serves Blaine, Canadian, Kingfisher, Logan and Oklahoma counties.)</i>	
Dial for Groceries	580-233-3663
Roger Grapes (#1 Grocery delivery service in Enid-senior discounts for HUD residents. Orders taken 8:00 a.m.-9:00 a.m. Deliveries 2:00 p.m.-6:00 p.m.)	
DMX-Diagnostic Mobile X-ray	580-233-9010
1220-C W. Willow, Enid, OK 73703	877-233-9010
Fairview Home Health	580-227-4663
615 E. State Rd. Suite 1, Fairview, OK 73737	Ext. 165
<i>(Serves southern Alfalfa, Northern Blaine and Major counties.)</i>	

Home Care (continued)

Gentiva Health Services 580-242-0024
 1202 W. Willow, Ste. D, Enid, OK 73703
(Serves Blaine, Garfield, Grant, Kay, Kingfisher and Major counties.)

Girling Health Care 800-298-3705
 7060 S. Yale Ave., Ste 500, Tulsa, OK 74136 918-665-8886
 Fax..... 918-665-2909

Health Back 580-233-4217
 428 E. Cherokee, Enid, OK 73701
 521 W. Bowman, Kingfisher, OK 73750 405-375-2303
 120 S. Wikoff, Watonga, OK 73772..... 580-623-7414
(Serves Blaine, Garfield and Kingfisher counties.) 800-364-7845

Home Call, Inc.
 419 S. Monroe, Stillwater, OK 74074 405-377-4434
 800-256-4434
 222 E. Grand, Ste 308, Ponca City, OK 74601..... 580-763-6021
 866-589-5310
(Serves Kay and Noble counties.)

Home I.V. and Nutritional Service of Ponca City 580-765-3055
 O'Connor Pharmacy, 1113 E. Hartford, Ponca City, OK 74601

Integrus Bass Home Health Care 580-548-1116
 611 S. Monroe, Enid, OK 73701 800-258-5090
(Serves Alfalfa, Blaine, Garfield, Grant, Kingfisher and Noble counties.)

Interim Health Care 405-848-3555
 5600 N. May, Ste. 145, Oklahoma City, OK 73112..... 888-848-3557
(Serves Blaine and Kingfisher counties.)

Larry's Home Oxygen, Inc...... 580-233-5556
 115 S. Grand, Enid, OK 73701 888-509-5556

Life Fone 800-882-2280
 Web Site..... www.lifefone.com
(Personal response service.)

Home Care (continued)

LINCARE	580-765-2292
617 East Hartford, Ponca City, OK 74601	800-255-7102
114 N. Oakwood, Enid, OK 73703	580-234-9922
Corporate Office	800-201-9923
ORRN (Oklahoma Respite Resource Network)	800-426-2747
<i>(Provides temporary relief for caregivers)</i>	
Park View Hospital Home Health	405-262-6877
2315 Park View Drive, P.O. Box 129, El Reno, OK 73036	800-582-7088
<i>(Serves Blaine, Canadian and Kingfisher counties.)</i>	
Perry Memorial Home Health	580-336-3541
501 14th, Perry OK 73077 <i>(Serves Garfield and Noble counties within a 50 mile radius of Perry.)</i>	
Response Link of Oklahoma	405-364-7205
P.O. Box 722840, Norman, OK 73070	800-249-9943
<i>(Personal emergency medical alarms.)</i>	
Ross Health Care Services	580-213-3333
310 E. Garriott, Enid, OK 73701	Toll Free 877-312-3330
<i>(Advantage Provider)</i>	
Ross Health Care Services-Private Duty	580-213-3333
310 E. Garriott, Enid, OK 73701	Toll Free 877-312-3330
<i>(Private pay housekeepers, sitters, etc.)</i>	
Samaritan Home Care, Inc.	580-323-0277
3200 W. Modelle, Clinton, OK 73601	800-320-5654
<i>(Serves Blaine, Caddo and Kiowa counties.)</i>	
Senior Care Services	405-848-1234
Web Site	www.seniorcare.com
50 Penn Place, Ste. 930, Oklahoma City, OK 73118	

Home Care (continued)

Share Home Health and Hospice.....580-327-2800
800 Share Drive, P.O. Box 727, Alva, OK 73717Ext. 3307
(Serves Alfalfa, Woods and Woodward counties.)

Stillwater Medical Center Home Health Services.....405-624-6578
824 S. Walnut, P.O. Box 2408, Stillwater, OK 74076
(Serves within a 50 mile radius of Stillwater.)

Tender Touch Home Service.....580-237-2246
Fax.....580-237-2389
528 N. Van Buren, Enid, OK 73703

The Caring Company580-596-3535
217 S. Grand, P.O. Box 186, Cherokee, OK 73728
(Serves Alfalfa, Garfield, Grant, Major and Woods counties.)

Hospice

A program which provides pain relief, symptom management and supportive services for the terminally ill and their families.

- Carter Hospice** 580-237-3672
915 E. Garriott, Suite F, Enid, OK 73701
(Serves Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major and Noble Counties)
- Circle of Love Hospice**..... 580-234-2273
Web Site..... www.hospicecircleoflove.com
E-mail..... enid.host.col@sbcglobal.net
314 S. Third, Enid, OK 73701
(Serves a 60 mile radius of Enid.)
- Faith Hospice**..... 580-363-3793
114 S. Main, Blackwell, OK 74631
215 E. 9th, Stillwater, OK 74023..... 405-385-5003
- Hospice of North Central Oklahoma** 580-762-9102
1904 N. Union, Ste. 103, Ponca City, OK 74601 800-814-9102
Web Site..... www.hospiceofnorthcentraloklahoma.com
(Serves Grant, Kay, Noble and Osage counties.)
- Judith Karman Hospice, Inc.**..... 405-377-8012
915 S. Main, Stillwater, OK 74074..... 800-377-8012
(Serves Payne County—50 mile radius)
- Ross Health Care Services**..... 580-213-3333
310 E. Garriott, Enid, OK 73701 Toll Free 877-312-3330
- Russell Murray Hospice** 405-262-3088
221 S. Bickford, P.O. Box 1423, El Reno, OK 73036
(Serves within a 75 mile radius in Canadian County)
202 S. Main, P.O. Box 222, Kingfisher, OK 73750 405-375-5015
(Serves within a 75 mile radius in Kingfisher County)

Housing

Operated by many different groups, congregate homes offer independent living with some central facilities and services that can include transportation, recreation, social and health services.

HUD (Housing and Urban Development)..... 800-998-9999

HUD Fair Housing Complaints 800-669-9777

Oklahoma Housing Finance Agency 405-848-1144

1140 NW 63rd, Oklahoma City, OK 73116 800-256-1489

(Assists with rent-Section 8 program. Call to receive an application.)

Opportunities, Inc...... 580-623-7283

117 W. Russworm., P.O. Box 569, Watonga, OK 73772..... 800-375-7284

(Weatherization, home buyer education, housing and other housing services.)

USDA Rural Development 580-237-4321

1216 W. Willow, Ste. B, Enid, OK 73703..... Ext. 31

(Provides assistance for low income families and for the elderly and disabled in rural areas of 10,000 and under population to purchase housing and to do home repairs.)

ALFALFA COUNTY

Chaparral Village Apartments 580-596-2574

300 W. Cherokee, Cherokee, OK 73728

(Rural development property, tax credit units, low income)

Western Property Management 580-251-5046

..... 800-335-5038

BLAINE COUNTY

Cimarron Valley Apartments 580-822-3327

1210 W. Broadway, Okeene, OK 73763

Housing (continued)

Eastview Apartment Homes.....580-623-4559
410 N. Spiece, Watonga, OK 73772
(Rental assistance available for qualified applicants.)

Geary Housing Authority405-884-2710
Fax.....405-884-6169
329 Troxel Dr., Geary, OK 73040
(Low income housing and senior handicapped accessible.)

Grand Prairie Apartments.....580-623-5288
500 S. Leach, Watonga, OK 73772
(Based on income.)

Grand Valley Apartments.....405-884-6112
716 S. County Line Road, Geary, OK 73040
(Low to moderate income for family or elderly.)

Schallmo Assisted Living.....580-822-4437
101 Naylor, Okeene, OK 73763

Watonga Housing Authority580-623-4623
Mailing address: P.O. Box 28, Watonga, OK 73772
Location: 117 N. Spiece, Watonga, OK 73772
(Low cost rental housing for low income.)

GARFIELD COUNTY

Alterra Sterling House of Enid580-237-0700
4613 W. Willow Rd., Enid, OK 73703

Burgundy, Inc......580-233-8993
1600 W. Willow Rd., Enid, OK 73703
(Independent living apartment community for the active senior.)

**Community Development Support
Association (CDSA)**580-242-6131
2615 E. Randolph, Enid, OK 73701

Housing (continued)

Cherokee Terrace Apartments580-237-4324
619 E. Maine, Enid, OK 73701
(Low cost housing with washer/dryer hook-ups.)

City of Enid/Community Development Department580-234-0400
Contact: Amanda BrainardExt. 2430
401 W. Garriott, Enid, OK 73701 *(Assistance to bring housing to code.)*

Civitan Homes580-237-8200
1314 N. Garland Rd., Enid, OK 73703
(Low rent apartments for seniors-rent based on income.)

Colonial Plaza Apartments580-234-7901
613 S. Hayes, Enid, OK 73703

EMERGENCY SHELTER

YWCA Crisis Center 580-234-7644
525 S. Quincy, Enid, OK 73701 (Main Office) 580-234-7581
(For battered women.)

Inner City Ministries, Inc. 580-233-2726
216 W. Oak, Enid, OK 73701

Reflections Halfway House 580-237-0470
525 S. Quincy, Enid, OK 73701
(For women who are in recovery and their children. Residents must complete 30 days in-patient treatment before admittance.)

Edgewood Arms580-234-0500
1700 Mosher Drive, Enid, OK 73703

Golden Oaks Retirement Village580-234-2817
5801 N. Oakwood, Enid, OK 73703800-259-0914

<i>Housing (continued)</i>

Greenbrier Residential Living.....580-233-1331
 1217 E. Garriott, Enid, OK 73701 (*Retirement home.*)

Highland Apartments of Waukomis580-758-3863
 Western Property Management.....800-335-5038
 100 Highland, Waukomis, OK 73773
 (*Elderly, handicapped accessible, rent based on income.*)

Meadows Point Apartments.....580-234-4812
 1225 S. Cleveland, Enid, OK 73703
 (*Low rent apartments for elderly and handicapped-rent based on income.*)

Mentor Oklahoma.....580-242-3031
 518 W. Maple, Enid, OK 73701
 (*Support services for adults with developmental disabilities.*)

Pheasant Run.....580-234-1625
 6102 West Chestnut, Enid, OK 73703

Pine Manor580-233-5336
 1011 S. 30th, Enid, OK 73701

Ramada Inn580-234-0440
 3005 W. Garriott, Enid, OK 73703.....800-272-6232
 (*Low weekly price for families with individuals in hospital.*)

Rolling Meadows580-233-2850
 3225 E. Randolph, Enid, OK 73701
 (*HUD Housing-section 8-low income-rent based on income.*)

Sandpiper Apartments580-237-3815
 408 N. Oakwood Rd., Enid, OK 73703 (*Accepts HUD vouchers.*)

Southridge Apartments, Inc......580-758-3863
Western Property Management800-335-5038
 Waukomis, OK 73773 (*Elderly, handicapped accessible-rent based on income.*)

Housing (continued)

The Manor House580-863-2224
209 E. Garber Rd., Garber, OK 73738
(An active adult community)

USDA Rural Development580-237-4321
1216 W. Willow, Ste. B, Enid, OK 73703.....Ext. 31
(Affordable housing financing.)

GRANT COUNTY

**Community Development Support
Association (CDSA)**580-242-6131
2615 E. Randolph, Enid, OK 73701

Meadowview Apartments.....580-594-2461
102 S. Pine, Wakita, OK 73771

Pond Creek Apartments.....580-725-3355
Western Property Management.....800-335-5038
514 S. Fifth, Pond Creek, OK 73766
(Elderly, handicapped accessible-rent based on income.)

KAY COUNTY

Alterra Sterling House of Ponca City.....580-765-9900
1500 E. Bradley, Ponca City, OK 74604 *(Assisted living.)*

Ashwood Apartments580-762-3550
1407 W. Highland, Ponca City, OK 74601 *(Section 8 Housing.)*

Ponca City Housing Authority.....580-762-8770
201 E. Broadway, Ponca City, OK 74601
(Rent based on income-Families, individuals 62 years or older, handicapped and disabled.)

East Terrace Apartments580-762-9454
1501 E. Bradley, Ponca City, OK 74604
(Rent based on income-Multi-family, 62 years or older, handicapped disabled.)

Elks Asbury580-363-3531
1012 S. 10th, Blackwell, OK 74631 *(Rent based on income.)*

<i>Housing (continued)</i>

Equity Plaza Apartments	580-363-2111
124 S. Main, Blackwell, OK 74631 <i>(Rent based on income. All bills paid.)</i>	
Kay County District 1	580-765-3237
<i>(Rent assistance)</i>	
Kittie Houston Apartments	580-363-4738
806 W. Blackwell, Blackwell, OK 74631	
<i>(Government subsidized housing-rent based on income. Elderly, handicapped and disabled.)</i>	
New Emergency Resource Agency	580-765-5372
500 N. First, Ponca City, OK 74601	
<i>(Rent, food, medication and utilities.)</i>	
Newkirk Housing Authority	580-362-3167
311 N. Main, Box 316, Newkirk, OK 74647	
<i>(Rent based on income housing-elderly, disabled and families.)</i>	
Northshore Apartments	580-362-1007
101-107 Hickory Dr., Kaw City, OK 74641	
Western Property Management.....	800-335-5038
<i>(Elderly, handicapped accessible-rent based on income.)</i>	
Opportunity Center, Inc.	580-765-6782
2225 N. Union, Ponca City, OK 74601	
<i>(Private housing in residential area for the developmentally disabled Kay County citizen.)</i>	
Paladin Apartments	580-762-7164
301 W. Hartford, Ponca City, OK 74601 <i>(Section 8 Housing.)</i>	
Paradise Corner Apartments	580-762-7300
3501 N. Union, Ponca City, OK 74601	
<i>(Handicapped accessible-rent based on income.)</i>	

<i>Housing (continued)</i>

Peach Tree Landing	580-762-3208
105 W. Hazel, Ponca City, OK 74601 <i>(Temporary, emergency shelter for homeless single females and families.)</i>	
Pecan Place Apartments	580-767-7783
3550 N. Pecan, Ponca City, OK 74604 <i>(Handicapped accessible.)</i>	
Ponca City Housing Authority	580-762-4445
201 E. Broadway, Ponca City, OK 74601580-762-3550 <i>(Rent based on income-public housing and Section 8.)</i>	
Ponca Tribal Housing	580-762-5909
100 White Eagle Drive, Ponca City, OK 74601	
Southridge Apartments	580-362-1007
800 Southridge Road, Newkirk, OK 74647	
Western Property Management.....	800-335-5038
<i>(Elderly, handicapped accessible-rent based on income.)</i>	
Timbers North Apartments	580-762-6358
2201 N. 14th, Ponca City, OK 74601	
United Community Action Program, Inc.	918-762-3041
501 Sixth St., Pawnee, OK 74058	
Village Green Apartments	580-762-0017
2700 N. 5th, Ponca City, OK 74601 <i>(Section 8 Housing.)</i>	
Westminster Village	580-762-0927
1601 Academy Rd., Ponca City, OK 74604 <i>(Age 55 and over retirement community with assisted living, full nursing care and memory care.)</i>	
Wheatheart Apartments	580-628-2101
201 Buccaneer Dr., Tonkawa, OK 74653	
Western Property Management.....	800-335-5038

Housing (continued)

Willow Creek Apartments580-765-8011
1501 Princeton, Ponca City, OK 74604
(Housing for seniors 62 and older-rental assistance)

Windsor Park Apartments.....580-762-3338
2600 N. 5th, Ponca City, OK 74601

KINGFISHER COUNTY

Autumn Trace405-375-6020
2305 Mitchell Dr., Kingfisher, OK 73750 *(Elderly housing.)*

Kingfisher Village405-240-5089
1501 S. 7th, Kingfisher, OK 73750
Green Companies Development Group.....918-543-3400

Meadows Glen Apartments.....405-375-4539
801 Kens Rd., Kingfisher, OK 73750 *(Rent based on income.)*

Oak Apartments of Okarche.....405-375-4539
N. Highway 81, Okarche, OK 73762
Western Property Management.....800-335-5038
(Handicapped accessible-rent based on income.)

Robison Apartments405-375-4949
524 1/2 S. 7th Street, Kingfisher, OK 73750
(One bedroom, completely furnished, no pets, no children)

Wildridge Apartments.....405-263-4904
421 Broadway, Cashion, OK 73016
Western Property Management.....800-335-5038

LOGAN COUNTY

Crescent Village405-969-3503
600 N. Grand, Crescent, OK 73028

Housing (continued)

First Capital Apartments405-282-5077
1720 E. College, Guthrie, OK 73044 (*Rent based on income.*)
Arzon Development Company405-780-7755

MAJOR COUNTY

Fairview Fellowship Home Apartments
and Fellowship Village580-227-3784
605 E. State Rd., Fairview, OK 73737 (*Nursing home, skilled nursing home care,
all rehabs on site. Independent living apartments for retirement.*)

Landcrest Apartments.....580-227-2743
100 Landcrest, Fairview, OK 73737 (*Rent based on income.*)

Red Carpet Village Apartments580-227-3661
610 W. Beck, Fairview, OK 73737 (*Rent based on income.*)

NOBLE COUNTY

Billings Pioneer Village Apartments580-725-3355
216 S. Broadway, Billings, OK 74630
Western Property Management.....800-335-5038
(*Rent based on income.*)

Garden Oaks.....580-336-2486
1403 N. 9th, Perry, OK 73077 (*Rent based on income.*)

Garden Oaks Apartments580-336-2486
401 W. A Avenue, Morrison, OK 73061
Office at 1403 N. 9th, Apt. #1, Perry, OK 73077 (*Rent based on income.*)

Noble Ridge Apartments.....580-725-3355
1255 S. Broadway, Billings, OK 74630 (*Rent based on income.*)

Otoe-Missouria Housing Authority580-723-4400
Rt. 1, Box 405, Red Rock, OK 74651 (*Rent based on income.*)

Housing (continued)

- United Community Action Program, Inc.**580-336-3313
803 Market, P.O. Box 107, Perry, OK 73077
(HUD applications, weatherization, information and referral.)
- Villa Apartments**580-336-2486
1320 N. Fifth, Perry, OK 73077
(Age 60 and over or elderly handicapped. Total rental subsidy)
- Village Apartments**580-336-2486
520 Fifth, Perry, OK 73077 (Some rental assistance available.)

Information and Assistance

NODA Area Agency on Aging

The Area Agency on Aging plans, coordinates and advocates community based service delivery systems to meet the needs of Older Oklahomans through nutrition; transportation; outreach; in-home care; legal assistance; information and assistance; family caregiver training and support; respite; and long-term care ombudsman.

Contact: Judy Rupp.....580-237-2236
2901 N. Van Buren, Enid, OK 73703800-749-1149
Senior Info Line800-211-2116
Non-emergency assistance in Kingfisher County.....211

Serves: Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major and Noble Counties.

Insurance Assistance

Health Care Options (AARP) 800-523-5800
Web Site.....www.aarphealthcare.com
National Office Toll Free..... 888-687-2277

Centers for Medicare & Medicaid Services (CMS) 800-772-1213
7500 Security Blvd., Baltimore, MD 21244 800-633-4227
Web Site..... www.medicare.gov
(*Medicare Hotline.*)

National Insurance Consumer Helpline..... 800-942-4242
(*General insurance information.*)

Insurance Assistance (continued)

Oklahoma Foundation for Medical Quality	405-840-2891
14000 Quail Springs Parkway, Ste. 400, Oklahoma City, OK 73134	800-522-3414
<i>(Help Medicare beneficiaries receive necessary, appropriate and quality health care- Medicare rights, appeals.)</i>	
Oklahoma State Insurance Commissioner	800-522-0071
Oklahoma Senior Health	800-763-2828
<i>(Claims and complaints.)</i>	
Oklahoma State Medical Association	800-522-9452
Veterans Insurance Information	800-669-8477

Legal Services

Advance Directives/Living Wills may be obtained from the NODA Area Agency on Aging, 2901 N. Van Buren, Enid, OK 73703. Call 580-237-2236 or 800-211-2116.

Some of the legal services are provided free or low-cost to people 60 years of age and older

DA’s Victim/Witness Center580-233-1311
Garfield County Courthouse, Enid, OK 73701

DA’s Victim/Witness Program580-362-2571
Kay County Courthouse, Newkirk, OK 74647

Early Settlement.....580-227-2711
Major County Courthouse, 1st Floor, 500 E. Broadway, Fairview, OK 73737
.....800-371-1344

(Help to settle conflicts in Alfalfa, Blaine, Custer, Dewey, Ellis, Garfield, Grant, Kingfisher, Major, Woods and Woodward counties.)

Early Settlement.....405-258-3000
(Kay and Noble counties).....800-464-5677
Lincoln County Courthouse, 811 Mandeville Ave., Suite 3, Chandler, OK 74834
E-mail..... vicki.corbin@oscn.net

Legal Aid Services of Oklahoma800-256-9601
920 S. Main, Stillwater, OK 74074

Oklahoma Bar Association.....405-416-7000
1901 Lincoln Blvd., Oklahoma City, OK 73105800-522-8065

Oklahoma Corporation Commission800-522-8154
Jim Thorpe Bldg, Oklahoma City, OK 73102-4904405-521-2211

Oklahoma Disability Law Center.....800-880-7755
2915 Classen Blvd. Oklahoma City, OK 73106 *(Legal services for disabled.)*

Oklahoma Indian Legal Services, Inc.405-943-6457
4200 Perimeter Center Dr., Ste 222, Oklahoma City, OK 73112.....800-658-1497
Web Site.....www.oilsonline.org

Long Term Care Information

To obtain information about assisted living facilities, nursing homes or residential care facilities, or to make a complaint about a nursing home, please call the NODA Area Agency on Aging Ombudsman at 580-237-2236 or 800-749-1149.

NODA-AAA Ombudsman Program 800-749-1149
2901 N. Van Buren, Enid, OK 73703 580-237-2236

Long Term Care Investigation

Nursing Home Abuse 405-521-3440
Department of Human Services 405-522-6735
Sequoyah Memorial Office Bldg. 405-522-6736
2400 N. Lincoln Blvd., P.O. Box 25352, Oklahoma City, OK 73125

Oklahoma State Long Term Care Ombudsman Program 405-521-6734
Department of Human Services
2401 N.W. 23rd, Suite 40, Oklahoma City, OK 73107

Oklahoma State Department of Health 405-271-5600
Long Term Care 405-271-6868
License and Certification Division (*Nursing home complaints.*) 800-747-8419
Agency Representative 800-522-0203
1000 Northeast 10th, Oklahoma City, OK 73117-1299

Assisted Living

BLAINE COUNTY

Schallmo Assisted Living.....580-822-4437
101 N. Naylor, P.O. Box 747, Okeene, OK 73763

GARFIELD COUNTY

Alterra Sterling House of Enid580-237-0700
4613 W. Willow Rd., Enid, OK 73703

Golden Oaks Retirement Village.....580-234-2817
5801 N. Oakwood Rd., Enid, OK 73703800-259-0914

The Arbors-Assisted Living580-242-4500
4502 West Randolph, Enid, OK 73703

KAY COUNTY

Opportunity Center, Inc.-Homes.....580-765-6782
2225 N. Union, Ponca City, OK 74601
(Private housing in residential area for the developmentally disabled Kay county citizen. Opportunity for the more independent to live in a residential area.)

Brookdale Sterling House.....580-765-9900
1500 E. Bradley, Ponca City, OK 74604 *(Assisted living.)*

The Renaissance of Ponca City580-765-5900
2616 Turner Rd., Ponca City, OK 74604.....877-269-8783

Westminster Village.....580-762-0927
1601 Academy Rd., Ponca City, OK 74604
(Age 55 and over retirement community with full nursing care, assisted living and memory care.)

Assisted Living (continued)

KINGFISHER COUNTY

Country Wood Manor 405-375-5232
1604 S. 13th St., Kingfisher, OK 73750

MAJOR COUNTY

**Fairview Fellowship Home and Apartments
And Fellowship Village** 580-227-3784
605 E. State Rd., Fairview, OK 73737
(Independent living apartments for retirement. Nursing home care, skilled nursing care and all rehabs on site.)

Nursing Homes

Nursing Homes are listed alphabetically within counties.

ALFALFA COUNTY

Cherokee Manor 580-596-2941
1100 Memorial Dr., Cherokee, OK 73728

The Great Plains Care Center 580-852-3286
200 W. Third, P.O. Box 177, Helena, OK 73741 580-852-3287

BLAINE COUNTY

Geary Community Nursing Home, Inc. 405-884-5440
720 N. Galena, P.O. Box 47, Geary, OK 73040

Maple Lawn Manor, Inc. 405-663-2455
800 Arapaho, P.O. Box 66, Hydro, OK 73048
(Skilled nursing and specialized unit for Alzheimer's and dementia residents.)

Nursing Homes (continued)

Summit Living Center 580-822-4441
119 N. 6th, Box 727, Okeene, OK 73763

Crestridge Place 580-623-7249
816 N. Clarence Nash Blvd., P.O. Box 338, Watonga, OK 73772

GARFIELD COUNTY

Enid Senior Care..... 580-237-1973
410 N. 30th, Enid, OK 73701 Fax 580-237-0755
(Eden Alternative Home. Long term care. Specialized unit for Alzheimer's and dementia residents. Skilled nursing available.)

Golden Oaks Nursing Center..... 580-234-1911
5801 N. Oakwood Rd., Enid, OK 73703

Greenbrier Nursing Home Number Two, Inc. 580-233-0121
1119 E. Owen K. Garriott, Enid, OK 73701

Highland Park Manor 580-234-2526
1410 W. Willow Rd., P.O. Box 1733, Enid, OK 73702

Kenwood Manor..... 580-233-2722
502 W. Pine, Enid, OK 73701 580-234-1503

The Living Center 580-234-1411
1409 N. 17th, Enid, OK 73701

The Methodist Healthcare Center at the Commons..... 580-237-6164
301 S. Oakwood Rd., Enid, OK 73703
(Specialized unit for Alzheimer's and dementia residents.)

GRANT COUNTY

Community Health Center 580-594-2292
550 W. Cherokee, Wakita, OK 73771

Nursing Homes (continued)

Servant Living Center580-395-2105
616 S. Front, Medford, OK 73759580-395-2781

KAY COUNTY

Hillcrest Manor580-363-3244
1210 S. 6th, P.O. Box 949, Blackwell, OK 74631

Newkirk Nursing Center, Inc......580-362-3277
1351 W. Peckham Rd., Box 427, Newkirk, OK 74647

Ponca City Nursing and Rehab Center.....580-762-6668
1400 N. Waverly St., Ponca City, OK 74601-2134

Shawn Manor Nursing Home580-765-3364
2024 Turner Rd., Ponca City, OK 74604.....580-765-3376

Westminster Village, Inc.580-762-0927
1601 Academy Rd., Ponca City, OK 74604

Willow Haven580-628-2529
1301 N. 5th, Tonkawa, OK 74653580-628-9066

KINGFISHER COUNTY

Cimarron Nursing Center405-375-6857
905 Beall Rd., Kingfisher, OK 73750

First Shamrock Care Center.....405-375-3157
1415 S. Main, P.O. Box 1227, Kingfisher, OK 73750

Hennessey Care Center405-853-6027
705 E. Third, Hennessey, OK 73742405-853-4390

Nursing Homes (continued)

MAJOR COUNTY

Fairview Fellowship Home for Seniors580-227-3784
605 E. State Rd., Fairview, OK 73737
(Specialized unit for Alzheimer's and dementia residents.)

NOBLE COUNTY

Perry Green Valley Nursing Home, Inc.....580-336-2285
1103 Birch St., Perry, OK 73077

Residential Care

GARFIELD COUNTY

Greenbrier Village Residential Living580-233-1331
1217 E. Owen K. Garriott, Enid, OK 73701

Greenbrier Special Care.....580-233-2928
1121 E. Owen K. Garriott, Enid, Ok 73701

Veterans Acres580-242-3811
2911 & 2915 N. Grand, Enid, OK 73701
Mailing Address—2609 E. Elm, Enid, OK 73701

Golden Oaks Residential Center580-234-2817
5801 N. Oakwood Rd., Enid, OK 73703800-259-0914

Specialized Facilities for Mentally Retarded

GARFIELD COUNTY

Northern Oklahoma Resource Center of Enid580-213-2700
2600 E. Willow, Enid, OK 73701 800-457-1893

Robert M. Greer Center.....580-213-2700
2501 Northeast Delaware, Enid, OK 73701

NOBLE COUNTY

Billings Fairchild Center, Inc......580-725-3533
Highway 15, P.O. Box 367, Billings, OK 74630

Medical Equipment

- Larry's Home Oxygen, Inc.**.....580-233-5556
 115 S. Grand, Enid, OK 73701888-509-5556
- LINCARE**.....580-765-2292
 617 E. Hartford, Ponca City, OK 74601800-255-7102
 114 N. Oakwood, Enid, OK 73703.....580-234-9922
800-201-9923
- Response Link of Oklahoma**405-364-7205
 P.O. Box 722840, Norman, OK 73070800-249-9943
(Personal emergency medical alarm with medication compliance options.)

Mental Health

- Edwin Fair Community Mental Health Center**580-762-7561
 1500 N. 6th Street, Ponca City, OK 74601
- Edwin Fair Community Mental Health Center**405-372-1250
 800 E. Sixth St., Ste. B, Stillwater, OK 74074 *(Geriatric services.)*
- Generations**.....580-548-1270
 Integris Bass Baptist Health Center, Monroe & Garriott, Enid, OK 73701
(Geriatric assessment.)
- Northwest Center for Behavioral Health**.....580-242-3638
 702 N. Grand, Enid, OK 73701 *(Offers numerous outpatient services.)*
 Inpatient Facility, Ft. Supply, OK 73841.....580-766-2311
- Northwest Center for Behavioral Health**.....405-375-6377
 124 Sheridan, Kingfisher, OK 73750 *(Geriatric services.)*

Mobile Meal Programs

Cleo Springs Senior Citizens Meals on Wheels	580-438-2221
Enid Mobile Meals	580-234-3709
R.S.V.P.....	580-233-5914
Fairview Hospital Meals on Wheels	580-227-2687
<i>(Contact Kathy Eischen)</i>	
Geary Senior Citizens Home Delivered Meals	405-884-9444
Hennessey Senior Citizens Home Delivered Meals	405-853-6726
Kingfisher Meals on Wheels	405-375-9022
<i>(Contact Barbara Stevens)</i>	
Okeene Meals on Wheels	580-822-3123
<i>(Contact Jewel Felder)</i>	
Ponca City Meals on Wheels <i>(Contact Nell Barnard)</i>	580-762-4707
Hospital Answering Machine	580-765-0331
Tri County Senior Citizen Center Home Delivered Meals	580-864-7843
Covington, OK 73730	
Watonga Meals on Wheels	580-623-4511

Native American Information

The Native American Tribes of Northwest Oklahoma offer a variety of services to their members. Programs may include employment, financial assistance, legal services, burial assistance, housing, health care, food distribution and congregate meals.

Bureau of Indian Affairs405-262-7481

1635 E. Hwy 66, P.O. Box 68, El Reno, OK 73036 Fax405-262-3140

Cheyenne Arapaho Tribe of OK405-262-0345

Attention: Chairperson, P.O. Box 38, Concho, OK 73022.....800-247-4612

Fax.....405-262-3044

Cheyenne Arapaho Tribe Diabetes Wellness Center405-262-6430

P.O. Box 38, Concho, OK 73022.....877-262-6430

(Contact Chris Tallbear. Eye glass vouchers, shoe program, walking devices, health screens and blood glucose testing. Serves Kingfisher, Major and Blaine counties.)

Kaw Nation of Oklahoma.....580-269-2552

Attention: Chairperson, P.O. Box 50, Kaw City, OK 74641

Fax.....580-269-2301

Otoe-Missouria Tribe of Oklahoma.....580-723-4466

Attention: Chairperson, 8151 Hwy 177, Red Rock, OK 74651

Fax.....580-723-4273

Pawnee Nation of Oklahoma.....918-762-3621

P.O. Box 470, Pawnee, OK 74058

Ponca Nation of Oklahoma580-762-8104

20 White Eagle Dr., Ponca City, OK 74601

Fax.....580-762-2743

Tonkawa Tribe of Oklahoma.....580-628-2561

1 Rush Buffalo Rd., Tonkawa, OK 74653-4449

Fax.....580-628-3375

Nutrition Programs

Wheatheart Nutrition Project, Inc.

Congregate meals, home delivered meals, nutrition education, transportation, outreach and health promotion activities are available through the nutrition sites funded by NODA Area Agency on Aging under the Older Americans Act.

Wheatheart Nutrition Project, Inc.580-262-0303
(Main Office) 123 N. Main, Blackwell, OK 74631

Billings Wheatheart Nutrition Site.....580-725-3316
122 W. Main, Billings, OK 74630

Blackwell Wheatheart Nutrition Site.....580-363-2877
320 W. Blackwell, Blackwell, OK 74631

Cherokee Wheatheart Nutrition Site580-596-2792
122 1/2 S. Grand, Cherokee, OK 73728

Enid Wheatheart Nutrition Site580-234-6893
800 S. Fifth, Enid, OK 73701

Garber Wheatheart Nutrition Site.....580-863-2869
602 Main, Garber, OK 73738

Helena Wheatheart Nutrition Site.....580-852-3248
Community Building, Helena, OK 73741

Kingfisher Wheatheart Nutrition Site405-375-3472
1605 S. Main, Kingfisher, OK 73750

Medford Wheatheart Nutrition Site.....580-395-2074
113 S. Main, Medford, OK 73759

Nutrition Programs (continued)

Newkirk Wheatheart Nutrition Site	580-362-3578
311 N. Main, Newkirk, OK 74647	
Perry Wheatheart Nutrition Site	580-336-3467
612 Flynn, Perry, OK 73077	
Ponca City Wheatheart Nutrition Site	580-767-1620
319 W. Grand, Ponca City, OK 74601	
Pond Creek Wheatheart Nutrition Site	580-532-6566
135 E. Broadway, Pond Creek, OK 73766	
Ringwood Wheatheart Nutrition Site	580-883-4961
Rt. 1, Box 1A, 125 W. Melrose, Ringwood, OK 73768	
Tonkawa Wheatheart Nutrition Site	580-628-3865
118 S. 7th, Tonkawa, OK 74653	
Watonga Wheatheart Nutrition Site	580-623-2330
212 N. Spiece St., Watonga, OK 73772	
Waukomis Wheatheart Nutrition Site	580-758-3052
113 S. Main, Waukomis, OK 73773	

Prescription Assistance

Medicare Plan D..... 800-211-2116
Judy Rupp, NODA Area Agency on Aging..... 580-237-2236
2901 N. Van Buren, Enid, OK 73703
(Assistance in reviewing plans available, completing application form and, if desired, enrolling in a Plan D for prescription coverage.)

Partnership for Prescription Assistance 888-477-2669
Web Site..... www.PPARx.org
(Provides access to variety of programs that provide free or nearly free prescription medications for qualifying individuals without prescription coverage.)

RX Oklahoma-Region 1 800-723-9428
(Assistance accessing pharmaceutical company prescription programs)

Community Development Support Association (CDSA)..... 580-242-6600
2615 E. Randolph, Enid, OK 73701
(Serving Garfield and Grant counties)

Opportunities, Inc...... 580-623-7283
117 W. Russworm, P.O. Box 569, Watonga, OK 73772
(Serving Alfalfa, Blaine, Major, Cimarron, Texas, Beaver, Harper, Woods, Woodward, Ellis, Dewey and Kingfisher counties)

United Community Action Programs, Inc...... 580-336-3313
813 S. Boundary, P.O. Box 261, Perry, OK 73077
(Serving Kay and Noble counties)

Senior Citizens Centers

Many of the senior centers have congregate meals, home delivered meals and transportation Monday through Friday. There are a variety of activities daily and monthly at the different centers.

ALFALFA COUNTY

ABBD Senior Citizens Center.....580-474-2271
Main, Amorita, OK 73719

Greater Aline Senior Center, Inc.580-463-2398
412 N. Main, Aline, OK 73716

Carmen Senior Citizens.....580-987-2791
424 W. Main, Carmen, OK 73726

Senior Citizens of Cherokee.....580-596-2792
122 S. Grand, Cherokee, OK 73728

Helena Senior Citizens Center.....580-852-3610
Main Street, Helena, OK 73741

Jet Senior Citizens Center.....580-626-4609
P.O. Box 67, 423 W. Main, Jet, OK 73749

BLAINE COUNTY

Canton Senior Citizens Center580-886-2226
311 N. Garfield, Canton, OK 73724

Geary Senior Citizens Center405-884-9444
124 W. Main, Geary, OK 73040

Senior Citizens Centers (continued)

Okeene Senior Citizens Center580-822-3654
814 N. First, Okeene, OK 73763

Watonga Senior Citizens Club.....580-623-4511
112 S. Noble, Watonga, OK 73772

GARFIELD COUNTY

Enid Senior Center, Inc......580-234-2806
Annex at 202 1/2 W. Walnut, Enid, OK 73701

Senior Life Network.....580-234-6060
4125 W. Garriott, Suite A1, Enid, OK 73703
(The Senior Life Network is sponsored as a community service by the Northwest Oklahoma Osteopathic Foundation and INTEGRIS Bass Baptist Health Center. Programs are designed to help those 55 and older remain healthy and independent.)

Tri-County Senior Citizens Center580-864-7843
301 W. Main, Covington, OK 73730

Waukomis Senior Center580-758-3052
113 S. Main, Waukomis, OK 73773

XYZ Senior Center580-863-2869
602 Main St., Garber, OK 73738

GRANT COUNTY

Lamont Senior Citizens Activity Center, Inc.580-388-4361
Contact: Mrs. Osborne580-388-6618
204 N. Main, Lamont, OK 74643

Nash Senior Citizens Center580-839-2200
200 E. Poplar, Nash, OK 73761

Senior Citizens Centers (continued)

Sunshine Senior Citizens Center580-532-4249
104 S. First, Pond Creek, OK 73766

Wakita Senior Citizens Center580-594-2920
103 W. Main, Wakita, OK 73771

KAY COUNTY

Blackwell Senior Citizens Center580-363-3301
Contact: Ruth Kelle.....580-363-0105
402 W. Blackwell, Blackwell, OK 74631 (*Mon.-Fri. 12:00 p.m. to 3:00 p.m.*)

Braman Senior Citizens Center580-385-2369
401 S. Broadway, Braman, OK 74632

Ponca City Senior Center580-762-9412
319 W. Grand, Ponca City, OK 74601

Tonkawa Lincoln Center, Inc.580-628-2451
118 S. 7th, Tonkawa, OK 74653

KINGFISHER COUNTY

Hennessey Senior Citizens Center405-853-6726
620 E. Second, Hennessey, OK 73742

Kingfisher Senior Citizens Center405-375-9022
201 S. 6th, Kingfisher, OK 73750

MAJOR COUNTY

Cleo Springs Senior Center580-438-2221
419-421 N. Third St., (Highway 8), Cleo Springs, OK 73729

Senior Citizens Centers (continued)

Major County Senior Citizens580-227-4875
102 Santa Fe, Fairview, OK 73737

MARC Senior Citizens Center580-883-4450
County Line Road, Ringwood, OK 73768

NOBLE COUNTY

Otoe-Missouria Tribe580-723-4466
8151 Hwy. 177, Red Rock, OK 74651

Perry Senior Citizens Center580-336-4676
309 7th, P.O. Box 724, Perry, OK 73077

Senior Organizations

KAY COUNTY

AARP—Blackwell Chapter #3226.....580-363-1742
305 S. Main St., Museum, Club Room, Blackwell, OK 74631
(Meets 3rd Thursday each month at noon. Contact Loretta Meyers.)

Oklahoma Retired Educators Association.....800-522-8091
323 E. Madison, Oklahoma City, OK 73105405-528-7785
P.O. Box 18485, Oklahoma City, OK 73154

Senior Life Network.....580-234-6060
4125 W. Garriott, Ste. A-1, Oakwood Mall, Enid, OK 73703
(Provides social support, recreation, education and health information.)

Senior Advantage.....580-249-3097
St. Mary's Regional Medical Center580-249-3603
305 S. 5th, P.O. Box 232, Enid, OK 73702

Social Security Administration/Medicare

Centers for Medicare & Medicaid Services (CMS)	800-772-1213
6401 Security Blvd., Baltimore, MD 21235	800-633-4227
<i>(Medicare Hotline.)</i>	
To report Medicare fraud and abuse; calls are confidential.....	800-447-8477
7500 Security Blvd., Baltimore, MD 21244	
Oklahoma Foundation for Medical Quality	405-840-2891
Information about Medicare rights and appeals.....	800-522-3414
SHICP (Senior Health Insurance Counseling Program)	405-521-6628
Information about Medicare rights	800-763-2828
Social Security Administration	580-237-4337
2202 N. Van Buren, Enid, OK 73703	800-772-1213
<i>(Serves Alfalfa, Blaine, Garfield, Grant, Kingfisher, Major and Noble counties.)</i>	

Transportation

Transportation may be available through Wheatheart Nutrition Project sites or local senior citizens centers.

MAGB Senior Services, Inc...... 580-227-3374

1503 N. Main, Fairview, OK 73737

(Provides transportation services for shopping, doctor visits, pharmacy and errands. Serves: Alfalfa, Blaine, Grant, Kingfisher and Major counties.)

Cherokee Strip Transit System..... 580-863-2279

622 Highway 74, Garber, OK 73738 866-863-2279

612 Flynn, Perry, OK 73077 580-336-5771

118 S. 7th, Tonkawa, OK 74653 580-628-3316

117 W. Russworm, Watonga, OK 73772..... 580-623-0271

Kingfisher Airport Rd., Kingfisher, OK 73750 405-375-4886

(Serves: Blaine, Garfield, Grant, Kay, Kingfisher and Noble counties.)

Sooner Ride..... 877-404-4500

(Transportation available for non-emergency only. Medicaid clients only for Medicaid appointments and prescriptions. Three days advance notice required. Office hours 8:00 a.m. to 6:00 p.m.)

BLAINE COUNTY

Watonga Senior Citizens Club.....580-623-4511

112 S. Noble, Watonga, OK 73772

(Rides for members of the Senior Citizens Center.)

GARFIELD COUNTY

The Transfer.....Dispatch 580-233-7433

Office580-233-0463

Fax.....580-233-8050

1502 W. Poplar, Enid, OK 73703

Transportation (continued)

UpLift..... 242-1234
302 W. Maple, Enid, OK 73701 (*A service of Life EMS—wheelchair accessible van.*)

KAY COUNTY

Cimarron Transit..... 580-718-0456
313 N. 4th, Suite 101, Ponca City, OK 74601 866-718-0444
(*Monday-Friday 5:00 a.m. to 6:00 p.m. One hour notice preferred.*)

Veterans' Services

Disabled American Veterans 580-242-3808
1110 W. Poplar, P.O. Box 5236, Enid, OK 73702

Oklahoma Department of Veterans' Affairs 405-521-3684
P.O. Box 53067, Oklahoma City, OK 73152

United States Department of Veterans' Affairs 800-827-1000
Regional Office, 125 S. Main, Muskogee, OK 74401

Veterans of Foreign Wars 580-237-5240
621 N. Independence, Enid, OK 73701

Veterans Administration/American Legion 580-765-9073
407 W. South Ave., Ponca City, OK 74601

Veterans of Foreign Wars—Post 1201 580-765-9119
East Prospect, Ponca City, OK 74604

Vision Services

EYE Care America Helpline: 800-222-EYES(3937)
Administrative Office 877-887-6327

New Eyes for the Needy, Inc. 973-376-4903
549 Millburn Avenue, P.O. Box 332, Short Hill, NJ 07078

Vision USA..... 800-766-4466
(Provides free comprehensive eye exams to social security recipients if someone in the family is still working.)

Vocational Rehabilitation Vision Services..... 580-233-6514
225 W. Maple, Enid, OK 73701 580-233-0244

Volunteer Services

Foster Grandparents 580-237-0995
729 Overland Trail, Enid, OK 73703 (*Supplement your income by volunteering to help children while in school.*)

Retired Senior Volunteer Program (RSVP) 580-233-5914
602 S. Van Buren, Enid, OK 73703

Retired Senior Volunteer Program (RSVP) 580-762-9412
319 W. Grand, Ponca City, OK 74601 (*Serves Ponca City and Kay County.*)